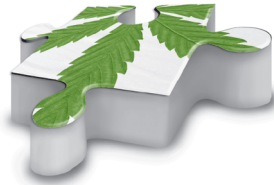


Is cannabis the missing piece?



If your patient uses cannabis at least weekly, complete this short questionnaire with them to determine whether they are dependent.

Cannabis use – Severity of Dependence Scale (SDS)

These are the questions that make up the Severity of Dependence Scale. Tick the patient's response and add up the score out of 15.

In the last three months:

1 Did you ever think your use of cannabis was out of control?

- Never or almost never 0
Sometimes 1
Often 2
Always or nearly always 3

2 Did the prospect of missing a smoke make you very anxious or worried?

- Never or almost never 0
Sometimes 1
Often 2
Always or nearly always 3

3 Did you worry about your use of cannabis?

- Not at all 0
A little 1
Quite a lot 2
A great deal 3

4 Did you wish you could stop?

- Never or almost never 0
Sometimes 1
Often 2
Always or nearly always 3

5 How difficult would you find it to stop or go without?

- Not difficult 0
Quite difficult 1
Very difficult 2
Impossible 3

SDS Score	Dependence rating
0-3	nil or negligible
4-6	mild
7-9	moderate
10-12	substantial
13-15	severe

SDS score _____ /15, indicating a _____ level of dependence

Helpline 1800 30 40 50
www.ncpic.org.au

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