

## Mobile phones track mental health

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**Post Script: October 1, 2010**

Murdoch Childrens Research Institute has recently developed a mobile phone-based project aimed at helping General Practitioners (GPs) "treat 14 to 24-year-olds with mental health concerns through an interactive mobile phone program that asks participants to answer questions on how they feel." An electronic diary "allows youths to report a broad range of daily experiences including... alcohol and cannabis use."