

## One third of cannabis users exhibit cannabis use disorder

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A recent study that looked at data from the 2007 National Survey of Mental Health and Wellbeing found that "one third of lifetime cannabis users also exhibit cannabis use disorder." Cannabis use disorder is "broadly defined as when cannabis use has a significant impact on a person's life." Males and young adults experienced the disorder more commonly than females, and "a strong association was observed with alcohol use disorders." It was also found that "people with cannabis use disorder were nearly four times more likely to have a comorbid mental disorder." Professor Maree Teeson, of the National Drug and Alcohol Research Centre, stressed the importance of GPs asking people "especially young people, about their cannabis use if they are having problems at school or exhibiting anxiety or depression."